



The City of
MIDWEST CITY
PARKS AND RECREATION DEPARTMENT

MIDWEST CITY ADULT FLAG FOOTBALL IN HOUSE RULES:

- 1). 1ST HALF TIME-** AFTER SPEAKING WITH CITY OF NORMAN, CITY OF MUSTANG & MY OFFICIALS WE ARE GOING TO RUN 1ST HALF 20 MINUTES CONTINUOUSLY, WITH TIMEOUTS BEING THE ONLY WAY TO STOP THE CLOCK. **2ND HALF ONLY WE WILL PLAY 18 MINUTES AND THEN 7 PLAYS.**
- 2). FORFEIT FEES-** IF YOUR TEAM FORFEITS ANY OF YOUR GAMES, YOUR TEAM IS EXPECTED TO PAY \$40.00 TO THE OFFICIALS. THIS FEE WILL COVER BOTH TEAMS OFFICIAL FEES. YOUR TEAM WILL NOT PLAY THE FOLLOWING WEEK UNLESS THIS FEE IS PAID. **NEW RULE 2009**
- 3). EJECTIONS-** IF A PLAYER IS EJECTED FROM THE GAME, PENDING HIS ACTIONS AFTER EJECTION WILL DETERMINE LENGTH OF SUSPENSION. LENGTH WILL BE DECIDED BY SPORTS & RECREATION SUPERVISOR & HEAD OFFICIAL.
- 4). PROTESTS-** PROTESTS WILL BE HEARD ONLY THE FOLLOWING DAY AFTER A GAME. IF YOU FEEL YOUR TEAM HAS A COMPLAINT AGAINST THE OPPOSING TEAM, PLEASE CONTACT THE SPORTS & RECREATION SUPERVISOR BY 5:00 PM THE FOLLOWING DAY, 405 – 739 – 1292.
- 5). EQUIPMENT-** ALL EQUIPMENT WILL BE PROVIDED BY MIDWEST CITY PARKS & RECREATION STAFF, HOWEVER IF TEAMS CHOOSE TO USE THEIR OWN BALLS OR FLAGS, TEAMS MUST AGREE TO IT.
- 6). ROSTERS-** YOUR TEAM ROSTERS ARE DUE BY THE 2ND WEEK BEFORE YOU PLAY YOUR 2ND GAME. THE BALLFIELD SUPERVISOR WILL GLADLY PICK UP YOUR ROSTERS BEFORE YOUR GAME THAT WEEK.
- 7). LEAGUE FEES-** YOUR LEAGUE FEES ARE DUE BY THE 2ND GAME OF THE SEASON.
- 8). LEAGUE RULES -** OUR LEAGUE PLAYS 8 V 8 AND USES THE N F F L RULES! GOOD LUCK TO EVERYONE!